



Carlisle Tri 10KM

Held Under UKA Rules

Wednesday 6th June 2012

START TIME: 7:15pm

Carlisle Racecourse, Durdar Rd, Carlisle, CA2 4TS

Entrance Fee – U.K.A. Runners £5.00 – Unattached £7.00 – Entry on the Day £1.00 Extra

Cheques payable to ‘Carlisle Tri Club’

To: 10 Rudchester Close, Sandsfield Park, Carlisle CA2 7XL – email: brian.allen4@sky.com

Postal Closing Date 1st June 2012 – entries on the day permitted

Entry form and results at www.carlisle-tri.com

ENTRY FORM

Name Male/Female

Address Date of Birth

..... Age on Day of Race

..... E-mail Address

Club Reg No.....

Declaration: I am an amateur as defined by UK Athletics Rules. I am medically fit to take part. I agree that the organizers and/or sponsors shall not be responsible for any loss, accident or injury (or loss/damage to property) arising from my participation in this event.

Signed..... Date.....

From ukresults.net

For more info visit: www.carlisle-tri.com / www.carlisle-races.co.uk