



The Rye 10

A Sussex Grand Prix race

Sunday 27th May 2012 10.00 am

Organised in conjunction with the Peasmarch Memorial Hall Committee to help raise funds to restore the Village Hall

Held under UK Athletics Rules. Permit applied for. Accurately Measured Course.

This challenging 10 mile road race covers the quiet lanes through the stunning countryside outside Rye. The race begins and finishes in Peasmarch, just outside Rye on the A268.

On site parking and refreshments.

*** Medal and Finish Line goodies to all finishers *** Chip timing ***

Plus prizes and trophies for:

1st, 2nd, 3rd Males; 1st in Male Vet Categories 1-7; 1st Under 18; 1st Male Team (of 3)
1st, 2nd, 3rd Ladies, 1st in Female Vet Categories 1-7; 1st Under 18; 1st Female Team (of 3)

Venue: Race HQ: The Cock Inn, Main St, Peasmarch Nr Rye TN31 6YD

Parking adjacent to the Cock Inn at Jempson's Supermarket

ENTRY FEE: £15.00 attached £17.00 unattached £20.00 on the day

ENTRY LIMIT: 500. Closing date is 22nd May but entries accepted on the day subject to availability

PLEASE ENCLOSE: LARGE SAE.

CHEQUES: Payable to 'Nice Work'

ENTRIES: Martin Burke, Race Director,

Nice Work, Teviot, Malthouse Lane, Peasmarch, East Sussex TN31 6TA

ENTER ONLINE AT www.runnersworld.co.uk/events or at www.runbritain.com

Please enter me for the Rye 10 Mile Race []

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 27/05/2012 _____ Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB _____ Affiliated Yes/No. Estimated Time _____

I declare I will be over 17 years of age on 27/05/12 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions.

SIGNATURE.....DATE.....

From ukresults.net

Organised by Nice Work www.nice-work.org.uk

Occasionally, we'd like to tell you about some of our other races and events but if you'd prefer not to receive this information, please tick here [].